



## Participation Ideas

Thank you for signing up for Arkansas Prays! We want to help you cover your adopted day in the most effective and enjoyable prayer possible. There are many ways to strengthen your monthly day of prayer. These suggestions could be used in any combination and progression that you find meaningful to the context of your church.

1. **Pray Wherever You Are** – This is the base level of participation where a church member can participate from home, work, school, or wherever they are individually or with a group.
2. **Day of Fasting** – Consider encouraging the participants in your church to fast during your adopted day in a way that is meaningful and appropriate for their health.
3. **Open a Room at the Church** – If possible, consider opening and outfitting a room of the church for your members to use during your monthly day of prayer. This can be very helpful for individuals and groups that don't have a suitable place to pray and to make resources available such as prayer guides and instruments.
4. **Host a Corporate Prayer Meeting** – Promote a churchwide prayer gathering coinciding with your adopted day of prayer. You can even host several gatherings, like morning and evening, to accommodate different schedules. This will require planning and a little more manpower, but we have developed an easy service guide for worship-based prayer that can give you a jumpstart!
5. **Host Continuous Prayer with Music** – Your church may have the capacity to fill each time slot with a small team to lead worship-based prayer at the church on your adopted day of prayer. We recommend gradually working your way up to this point. Our service guide for worship-based prayer is equally applicable to any size group and easily forms a chain of unceasing worship and prayer.

Do you have questions or additional ideas? We would love to hear about what is working for your church on your monthly day of prayer! Simply email Logan Bloom at [lbloom@citychurchar.org](mailto:lbloom@citychurchar.org). Thank you!